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Housing backers pan jet spending

A one-man bomb show

John Mazerolle confronts the comedian's nightmare {page 21}

Snowsuit Fund kicks off

Group aims to keep kids warm during winter {page 4}

Council veteran ger for fresh start[,]

New councillors will face steep learning curve Deans will use veteran savvy to assist new councillors in any way she can

Diane Deans cannot wait to start working with her new cohorts down at Ottawa City

The veteran city councillor from Gloucester-Southgate was re-elected on Monday night and will begin serving her sixth consecutive term as the representative from the south-end ward.

"I think the combination of experienced and new councillors will be interesting and advantageous in many ways," Deans said.

"It's going to be very reminiscent of the amalgamation council of 2000. We jumped from the old to the new Ottawa council, changed buildings and there was a whole bunch of new faces. Having 10 new councillors will be like a new beginning."
Deans becomes the only city councillor

to have worked with mayor-elect Jim Watson during his first term in office and is ex-

"The last four years have been frustrating. There wasn't a sense that we (city council) were on the same boat, rowing in the same direction. I'm looking for a fresh start and new direction. We need to start working in a more collaborative manner." COUN. DIANE DEANS

cited to meet her fellow politicians and start moving forward.

"I know the new councillors will have their own ideas but there's a lot to learn. Hopefully they will feel free to use the veterans as mentors."

MIKE BEASLEY



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Groups angling to get to know council

○ Labour council looking forward to 'establishing a relationship' with councillors: President

It's only the third day since election night and already groups are raring to speak with councillors-elect about changes they want to see in

'We look forward to working with the new council," said Sean McKenny, president of the Ottawa and District Labour Coun-

"Overall, we're pleased with the makeup of council. With the new councillors and a new person at the helm, I think there's going to be more accomplished.

"We've started the process of introducing our-selves," said McKenny. "We were quick off the mark with the mayor, but a lot of the new councillors are going to be swamped with calls and a ton of emails for variety of reasons ... they'll need a bit of a

"The change on council (has) an earth-shattering message for some of the councillors ... It shows incumbents that they are beatable and have to listen." POLITICAL BLOGGER BLAKE BATSON

breather. We'll take it slow." Ottawa Taxpayer Advocacy Group spokesman Ade Olumide said the group, which calls itself a watchdog for Ottawa taxpayers, is looking forward to speaking with members of the new council.

The changes on council look very positive for OTAG, Olumide said, "A number of them have sent us emails. saying they support OTAG initiatives," he said.



United Way halfway to goal

Way marked the halfway point in its community campaign yesterday, having raised just more than 50 per cent of its \$33.1-million goal.

'We've raised \$16.7 million," said 2010 campaign chair Cassie Doyle, who is senior adviser to the Privy Council Office.

"The community has stepped up, no question ... I think we're on track. I'm feeling pretty confi-

dent that we'll make target."

Dovle said the United

Way is "well-aligned with how people are feeling in Ottawa.'

"The community spoke on Monday in favour of a significant change in the municipal election, and the campaign is about making change happen," she said.

There's still lots of work to be done before the campaign ends in De-

"We've seen incredible generosity." UNITED WAY CAMPAIGN

CHAIR CASSIE DOYLE

cember, she said.

"The second half of the campaign is always more challenging," she said. "It's challenging to

keep the momentum go-

TRACEY TONG

News in brief

Baby delivered by phone

BIRTH. Paramedics were sent to the Vars area yesterday after receiving a call from a 34-year-old woman who was in labour.

However, it was the communication officer on the phone who guided the woman through her delivery before paramedics arrived. After assessing the woman and

newborn daughter, paramedics brought the pair to hospital in an ambulance.

Cops looking for black car

CRASH. The RCMP Traffic Unit and Crime Stoppers in Ottawa are seeking the public's help in locating a black sedan that caused a collision after driving in the wrong lane on

Champlain Bridge. The collision occurred Oct. 18 and caused serious injuries.

Hormones and Health for Women





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Another politician learns the pitfalls of Twitter as controversy around 'bigot' post. Video at metronews.ca



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Winter clothing fund aims to keep kids warm

• Snowsuit Fund also collects gently used snowsuits • Fund received more than \$100,000 from sponsors Tim Hortons and Canadian Tire yesterday



There may not be a drop of snow on the ground, but there's still no doubt that winter is on its way.

Fund The Snowsuit kicked off its 2010 campaign yesterday.

We want to make sure winter and snowsuits are top of mind," said chair Susan Dennison.

'Ottawa has a harsh and brutal winter, and being cold in the city is not a pleasant thing. I think it really resonates with people. (The Snowsuit Fund) is

Number of new snowsuits the Snowsuit Fund anticipates distributing to Ottawa-area children up to age 15 this year.

really Ottawa-based, it's really grassroots, and our donors are really gener-

"A lot of people can't af-ford snowsuits," said Greg Carter, whose daughter, Tia, received the first snowsuit of the season vesterday. "They're pretty expensive and it's very important that every child have a snowsuit."

"We're pretty happy to help out any way we can," said Erin Phillips, who, along with her husband, Ottawa Senator Chris Phillips, are the Snowsuit Fund's honorary chairs. "We have three young kids and we know how important it is to keep them warm and how cold our climate (is). Giving kids the right clothing to enjoy the winter makes a big difference in their lives. It's warm out today, but the cold isn't far away.

New emergency gear for Ottawa airport

Safety and efficiency has a hefty price tag for the tens of thousands of travellers that fly out of the Ottawa International Airport.

That's why \$11 million worth of new equipment was unveiled yesterday at combined

building.
With the new, state-ofthe-art equipment, Ot-tawa's Airport Authority is confident the facility is better prepared to handle any emergency response or winter storm it may en-

"The financial investment was a commitment to the community that we felt was our responsibility," said Raymond Brunet, chairman of the board of directors for the Airport Authority.

"We have modern, efficient facilities that will now be supported by



equipment and training of the highest calibre.

emergency sponse fleet renewal began in 2009 with the addition of a new command vehicle and was completed with the addition of the three new Rosenbauer Panther fire trucks

MIKE BEASLEY

Facts and stats

A look at the airport's new

- Lifespan The new vehicles are expected to have a 15year lifespan
- Fighting fire Fire trucks feature a fighting capacity of more than 30 per cent
- Turret One truck is equipped with a high reach, extendable turret that will allow an aircraft fuselage to be pierced for internal fighting
- Tractor The snow removal systems include a tractor. sweeper and cradling
- Sweeper Each unit features a 24-foot plow and 22-foot sweeper that will reduce total runway cleaning time to approximately 15 minutes



Courtyard reopens after fire

After suffering from a fire in July, the Courtyard Restaurant on George Street finally reopened for business yesterday in time for the lunch hour rush. A new, large prep table and new carpeting in the upper dining area were part of the renovations that kept the restaurant closed for the past three months. The restaurant is also celebrating its 30th anniversary this year.



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City gets up on its high heels for fashion fest

Ottawa Fashion Week aims to showcase established designers and newcomers in community setting



The nation's capital may not be traditionally known as a fashion capital, but some of the hottest designers are about to shake up Ottawa's fashion scene for the fourth season of the Ottawa Fashion Week.

Armed with stilettos and bold stares, models will tear up the catwalk at the National Gallery of Canada tomorrow through Sunday sporting spring and summer fashions of 2011.

"Fortunately for us, the attendance keeps growing so it's important that we



accommodate that larger audience. The NGC is the perfect fit for us right

and Late Night following The National

now," said OFW founder and organizer Hussein Rashid.

As Ottawa tries to build its fashion scene with events like OFW, Canadian model Stacey McKenzie feels it's irrelevant to compare trendiness in Ottawa with that of Montreal and Toronto.

"There are a lot of young, talented designers in Canada. I don't think we should separate and say (one or the other) is better," said McKenzie.

ter," said McKenzie.

"I follow young designers as a whole and not just Toronto and Montreal. It's important to stick together and build on our fashion community."

CBC news



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metronews.ca THURSDAY, OCTOBER 28, 2010



Students help on Halloween

◆ Trick or Eat team expanding their routes this year to Orleans and Barrhayen



Instead of partying all night long on Halloween, some University of Ottawa students will be trick-orteating in their costumes to collect canned goods for the Trick or Eat program.

The uOttawa chapter of the student-founded, nationwide campaign is in its fourth year and co-ordinators are busy gathering volunteers. The canned goods collected on Halloween night will go to the Ottawa Food Bank.

"Halloween's on a Sunday this year so time is going to be a little iffy, but we're always hoping to get bigger and better every year." said Trick or Eat event co-ordinator Julie Brezden.

Last year, 224 students and volunteers participated in the annual event and over five tonnes of nonperishable goods were collected from residents in Sandy Hill and Centretown.

"Some people even prepare entire bags of cans that they're not going to use and they wait especially for us that night," said Brezden



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Can satire save America?

Ocolbert, Stewart lighting a nationwide civility flame

It may go down as the perfect antidote to an American election cycle as bitter and vicious as any in living memory.

Political satire is headed this weekend to the capital of the United States.

Left-leaning comedians Jon Stewart and Stephen Colbert descend upon Washington's National Mall on Saturday for their joint Rally To Restore Sanity And/Or Fear.

The event is expected to attract tens of thousands of fans just three days before mid-term elections that could see Republicans regain control of Congress.

The same dynamic is playing out in towns and cities across the U.S.

"There are thousands upon thousands of us who are sick and tired of everyone calling everyone else a Nazi," said Jim Baum, coordinator of Saturday's Seattle rally.

"And we're coming out

Hope for future

- Saturday's rally in D.C. is now a viral phenomenon, with as many as 1,000 satellite rallies planned throughout the U.S. and far beyond.
- Some, like a copycat rally set for the Everest base camp, may amount to little more than a few like-minded souls coming together to commiserate over the polarized American condition.
- But at least 50 will be fullfledged happenings driven by organizers who hope they will mark a turning point in the national conversation.

of the woodwork to say enough is enough — it is time for a return to civility so we can start addressing our real problems."

Baum anticipates at least 6,000 people will attend Seattle's edition, timed to coincide with the main rally in DC.

Stewart and Colbert both trade in fake news — with Stewart playing a counterfeit newscaster and Colbert as the comic foil, a faux-conservative pundit.

While rumours abound that everyone from Oprah Winfrey to left-wing politico Ariana Huffington will join them in Washington, few are certain precisely what will unfold.

Whether it adds up to anything more than a gigglefest remains in doubt.

Even Seattle organizer Baum is unsure: "The hope is that after Saturday we can morph this into a sort of Civility Watch to celebrate people who encourage unity and rational debate in America."

More than 300,000 people on Facebook have said they intend to travel to Washington.

TORSTAR NEWS SERVICE



Liberals vow to cancel stealth fighter deal

Michael Ignatieff says a Liberal government would cancel the multibilliondollar, sole-source stealth fighter contract and hold an open competition to replace the country's aging CF-18s.

The Liberal leader says Tuesday's report by the auditor general about the contracting fiasco involving military helicopters is a wake-up call for parliamentarians.

The Conservative gov-

ernment last summer committed to buying 65 F-35 Lightning II jetfighters from U.S. defence giant Lockheed Martin at an estimated cost of \$14 billion to \$16 billion.

Opposition parties and defence critics have been calling ever since for Ottawa to get bids from other defence contractors, but the federal government argues there are no other similar jets in the same class.



Ignatieff says the public is questioning whether the country needs stealth fighters to defend its airspace — especially given the huge deficit the Tories have run up.

have run up.

He says Liberals will get
Canadians better value for
money.

Party insiders later added that an Ignatieff government would be in no rush to purchase any new fighter jets.

Fraser's fury

- Auditor General Sheila Fraser has slammed National Defence for huge cost overruns in the purchase of military helicopters.
- Her criticism has stoked mounting opposition to the sole-sourced purchase of 65 F-35 Lightning II stealth fighters, which critics deem unnecessary.



Why live in pain?

CANADIAN PAIN CLINICS NOW ACCEPTING NEW PATIENTS

A MULTIMODAL APPROACH TO PAIN RELIEF

A highly regarded and successful clinic for the treatments of acute and chronic neuromuscular complaints, the Canadian Pain Clinics, is continuing to help people around the Ottawa area. This integrative treatment facility is attaining results from their multidisciplinary approach and the success rate has been high in these clinics. The clinic's unique treatment approach uses a combination of manual treatments, rehabilitative exercises, technologically advanced laser therapy and other state of the art modalities that results in adhesion free muscles, improved nerve function, increase mobility and reduced pain.

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PAIN: HOW IS IT TREATED?

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Many patients deemed as potential surgical candidates have also avoided or prolonged the need for surgery with the treatment approach the clinic uses. The reality is that most people wait too long and their conditions worsen leading to increased suffering from pain.

CONDITIONS TREATED

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- Trigger Points
- Sprains
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- Tennis Elbow
- Rotator Cuff
- Whiplash
- Hip Problems
- Restrictions
- Muscle Spasms Tendinitis
- Plantar Fasciitis

- Golfer's Elbow
- Frozen Shoulder
- Scar Tissue
- Stained Muscle
- Shin Splints
 Achilles Tendinitis
 TMJ/Jaw Pain
- Shoulder Pain
- Neck Strain
- IT Band

Doctors at the Canadian Pain Clinics are available at two clinics around the Ottawa area to talk about and help you with your concerns. An appointment can be made by calling 613-225-7246. The treatments may be fully or partially covered by extended health plans through employer and/or personal insurance.







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THURSDAY, OCTOBER 28, 2010

Facebook 'friends' may be hackers

Think twice before logging into Facebook with free WiFi access — unless you don't mind snoopers potentially altering your profile

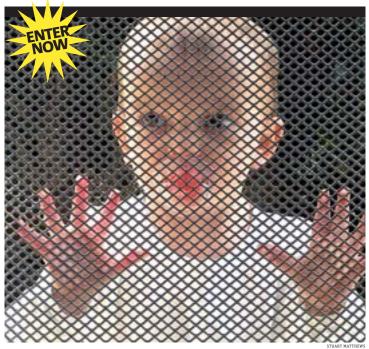
altering your profile.

A software developer is hoping to educate users about the dangers of using unsecured WiFi networks with a computer program that makes it fairly easy for anyone to hack into Facebook and Twitter accounts.

With a download of Firesheep, a plug-in for Mozilla's FireFox, all it takes is a couple of clicks to access someone's profile on websites, including the photosharing Flickr and the Wordpress blog platform.

"Websites have a responsibility to protect the people who depend on their services," wrote Seattle-based Eric Butler in a blog post explaining his program.

THE CANADIAN PRESS



Today's shot: Child Looking



Today's photo of the day is by Canadian Stuart Matthews and was submitted in the Emotions category. The photo is titled: Child Looking. Enter your photos today and view more pictures at metrophotochallenge.ca.

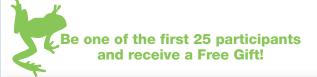
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Galloway coming to **Kenney's turf**

Previously banned British ex-MP to make special stop in Canadian minister's riding during tour

politician Firebrand George Galloway is bringing his fight with Jason Kenney straight to the immigration minister's Cal-

gary riding.
The former British MP will launch a tour of 10 Canadian cities next month, including a stop in Calgary on Nov. 23.

Earlier this month in Toronto, Galloway donned a pair of red mittens as if they were boxing gloves, challenged Kenney to a public debate and promised to sue the minister for slander.

The gesture came after

Recap

Kenney pulled the welcome mat on Galloway last year because of his alleged financial support to the Palestinian group Hamas. Ottawa considers Hamas a terrorist organization. Kenney has said he disagrees with the judge's finding that the initial move to keep Galloway out of Canada was politically motivated.

immigration officials let Galloway into the country following a Federal Court ruling that was critical of the government.

Galloway's November tour will also take him to Halifax, Hamilton, Ont., Toronto, Vancouver, Yellowknife, Edmonton, Winnipeg and Ottawa. It begins Nov. 17 in Montreal. In a release, Galloway says he will speak about his fight with the Canadian government and the political situation in the Middle East and Asia.

Galloway alleges he was slandered in front of the world by Kenney branding him a terrorist

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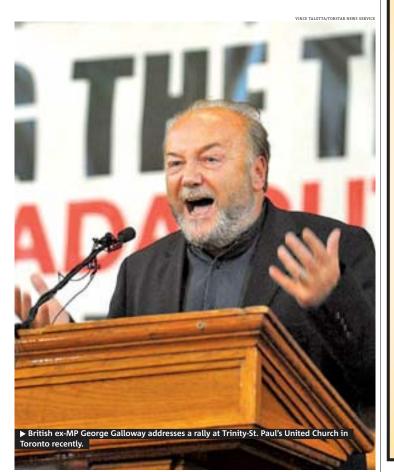
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FALL OPEN HOUSE



Man exonerated of rapes after 27 years

Appeal Court panel unanimously tosses out Ivan Henry's convictions
 Court outlines litany of errors by judge, police and Crown in 1983 trial

A man who spent 27 years in prison claiming he wasn't responsible for the rape of eight women was acquitted yesterday after the B.C. Appeal Court concluded he was the victim of an egregious abuse of process.

The time Henry wrongfully served in prison is considered one of the longest on record in Canada, his lawyer said.

An hour after the verdict, Henry was freed from his electronic monitor and walked out of the Vancouver courthouse with a big smile on his face and his two daughters by his side.

He said his belief in God and honesty got him through.

"We all got to believe in honesty in some sense, that something will work right if you just wait for it," he told a crush of reporters.

Henry, 63, said he wasn't

wouldn't heal him.

"I'd like to say to people who are still incarcerated: 'Don't give up. Keep plugging ahead and work to get out and to learn what society's all about. It's not all a dirty world. We're all here to try and help each other.'" THE CANADIAN PRESS



Disgraced ex-hockey coach back in custody

◆ Warrant listed 3 new complainants alleging abuse by Graham James ◆ One is former NHL star Theoren Fleury

Convicted sex offender Graham James surrendered to police at Toronto International Airport yesterday and was whisked to Winnipeg, where he has been wanted on nine charges of sexual assault.

Winnipeg police issued a short news release saying they had been conducting an investigation into complaints of "historic sexual assaults" against the former junior hockey coach. They added James was arrested "through mutual agreement" and "remains in custody"

No additional details will be released, they said.

James pleaded guilty in 1997 to hundreds of as-



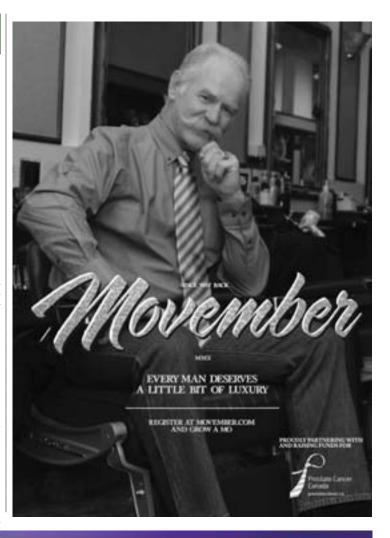
saults on two teenage players, including former NHLer Sheldon Kennedy, and was sentenced to three and a half years in prison. He was quietly pardoned three years ago, news

which caused an uproar when it was revealed by The Canadian Press earlier this year.

The federal government has since said it would crack down on pardons. The Prime Minister's Office had no comment about yesterday's arrest.

James's last known address was in Guadalajara, Mexico, and his lawyer said last week that his client was committed to addressing the new charges.

"Mr. James, as indicated before, has been and continues to be wanting to be co-operative with authorities — and will be," Evan Roitenberg said at the time. THE CANADIAN PRESS





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Governor General drops in

MP smells interference

NDP asking for forensic audit of deal to sell off \$1.5B in federal real estate NDP MP wants minister to freeze further sales of public assets

New Democrat MP Paul Dewar says there's more evidence of political interference in the awarding of federal Public Works contracts under the Conservative government.

The new allegation aris-

es out of a statement of claim that government officials undermined a contract employee with strategic media leaks, refused to permit him to clear his name, then fired him without cause

The government quietly settled David Rotor's multimillion-dollar lawsuit last week — a day after questions on a related case were raised in the House of Commons.

says Rotor's Dewar

statement of claim raises further questions about whether then-Public Works minister Michael Fortier was having improper discussions with government bidders.

THE CANADIAN PRESS



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count now 350

Syncrude Canada now estimates at least 350 birds have died after landing on one of its toxic tailings ponds in northern Alberta.

president is calling on scientists to help Syncrude find ways to ensure that it

THE CANADIAN PRESS

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Disasters' death toll tops 300

▶ Indonesian officials say warning system installed after '04 tsunami was broken from lack of maintenance

The death toll from a tsunami and a volcano rose to more than 300 yesterday as victims of Indonesia's double disasters were found.

Hundreds were still missing after Monday's tsunami struck the remote Mentawi islands off western Sumatra, where officials were only beginning to chart the scope of the devastation. At least 311 people died as the huge wave, triggered by an undersea earthquake, washed away wooden and

bamboo homes, displacing more than 20,000 people.

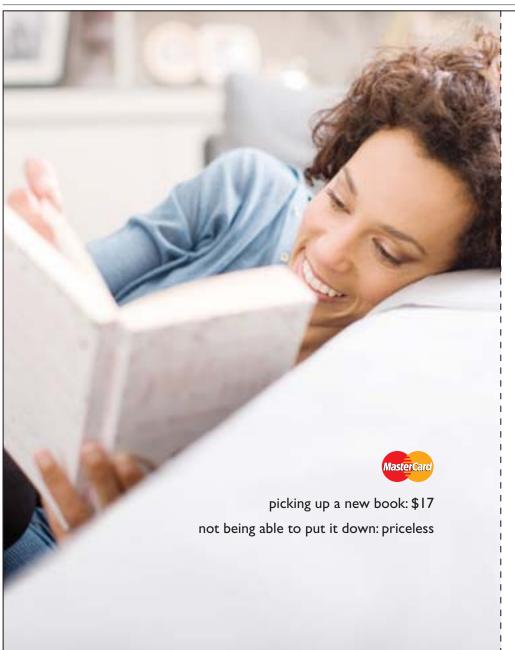
About 1,300 kilometres to the east, the Mount Merapi volcano was mostly quiet but still a threat after Tuesday's eruntion

Tuesday's eruption.
President Susilo
Bambang Yudhoyono
rushed from Vietnam to
deal with the catastrophes,
which struck within 24
hours along the Pacific
"Ring of Fire," a series of
fault lines prone to
earthquakes and volcanic
activity. THE ASSOCIATED PRESS

36K

into makeshift emergency shelters, although the ash did not disrupt flights over Indonesia. About 36,000 people have been evacuated, according to the Indonesian Red Cross.





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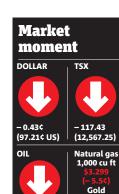




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Yahoo Mail gets Twitter feature

email service to attract more users and ward off defections to Google Inc.'s Gmail and social-networking sites.

Yahoo introduced a version of email yesterday that integrates posts from Twitter Inc. and delivers information at faster speeds. The new service, still in a test phase, also improves searches, spam protection and the viewing of photos. •METRO

The competition

Google built Gmail to make it easy to search for messages, rather than putting them in folders.

- Chrome Unlike Yahoo, Google also has its own Web browser, Chrome.
- Mobiles Google also encourages users to sign up for email accounts on their phones.



Bond girls not included

One of the world's most famous cars — the specially equipped Aston Martin first driven by Sean Connery as James Bond in Goldfinger — will be auctioned off in London today, and it may fetch one of the highest prices ever paid for

an automobile. The unique car, with rotating license plates and other "spy' gear, is expected to go for more than \$5.5 million US.

Ads shrink for mini attention spans

TV marketers on air more frequently with shorter ads Repetition helps beat messages into viewers' heads

And now, a word from our sponsors. A very brief word.

TV commercials are shrinking along with attention spans and advertising budgets. The 15-second ad is increasingly common, gradually supplanting the 30-second spot just as it knocked off the fullminute pitch decades ago.

For viewers, it means more commercials in a more rapid-fire format. For advertisers, shorter commercials are a way to save some money, and research shows they hold on to more eyeballs than the longer format.

"It used to be that the most valuable thing on the planet was time, and now the most valuable thing on the planet is attention, says John Greening, associate professor at Northwestern University's journalism school and a former executive vice-president at ad agency DDB Chicago.

So instead of seeing a lengthier plot line, viewers are treated to the sight of, say, the popular "Old Spice man" riding backward on a horse through various scenes for just 15 seconds.

The number of 15second television commercials has jumped more than 70 per cent in five years to nearly 5.5 million last year, according to Nielsen, THE ASSOCIATED PRESS

Quickie ads

A 15-second commercial is ideal to remind people of products, stores or prices, but not to introduce them.

- Shorter standalone ads Previously, 15-second ads were mostly edited versions of 30-second spots, but that's changing. Advertisers are now making shorter commercials as standalones
- Who's selling More than half of commercials run by packaged-goods companies and 60 per cent of fast-food ads are 15 sec-

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WHAT DO YOU DO WHEN JOKE'S ON YOU?



When people hear I perform live comedy, they often say, "I could never do that. What if I bombed?"

llow me to offer a recent report from the front lines. I'm still removing the shrapnel.

I bombed this week. Badly. We're talking Hiroshima, Nagasaki, and Mike Myers' The Love Guru combined. This measured on seismographs. Picture Sylvester Stallone running toward the camera in slow motion with a fiery ball of unfunny expanding behind him.

Bombing is often called dying, but it's worse than death.

In fact, a doctor once told me that I might die while I was in hospital. I faced that possibility with quiet thoughtfulness.

But when I died on stage my response was something akin to a kid who drops his ice cream cone combined with those Pales-

tinian women you see mourning on television

I've failed before during my seven years of performing. But it was usually with other performers and maybe lasted 10 minutes.

But this time I was the sole performer and I was performing for, give or take, all eternity.

My job was to entertain people during a fitness class while they were on the floor doing their sculpting exercises. I pretended to be The Before Guy from TV commercial fame.

This earned me vaguely sad stares — the sort of looks I expect to get 50 years from now

when people are saying, "They did a good job with the corpse.'

After this 30minute ordeal, the positive voices in my head tried to cheer me up: This schtick has worked elsewhere, a half-hour is a long time for solo improv, etc. But it was a scattered

message, like the Liberal party's

The negative voice in my head had the message discipline of Stephen Harper: "You suck," it said, over and over.

When jokes bomb on

television there's often the sound of crickets, but man, I'd have killed for a cricket. I'd have chatted it up, asked where it was from, what it did for a living.

I would also have welcomed a tumbleweed. I could have left on

As to the question, "What would I do if I bombed?" You feel bad, like you were dumped from a minor relationship, or you lost a hockey game in overtime.

And then you get over it. If you never leave the trench because you're afraid of bombs, you'll never win the war. Am I right?

Who's with me? (Sound of crickets.)



Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER

Clampdown useless: EU

STEALTH FIGHTER

STEALTH LEADER



Worth mentioning

European air officials accused the United States of imposing useless and overly intrusive travel security measures, calling yesterday for the Obama administration to re-examine policies ranging from online security checks to Xraying shoes. British Airways'

chairman made the first in a wave of complaints, saying in a speech to airport operators that removing shoes and taking laptops out of bags were "completely redundant" measures demanded by the U.S. He was joined less than 24 hours later by British pilots, the owner of Heathrow airport, other European airlines, and the European Union. The EU

Re-examine policies

"When jokes

bomb on

television there's

often the sound

of crickets, but

man, I'd have

killed for a

cricket. I'd have

chatted it up ..."



submitted formal objections to a program that requires U.S.-bound travellers from 35 nations to complete online security clearance before departure. It called the sys tem burdensome and said it could violate travellers' privacy. The EU said the U.S. Electronic System for Travel Authorization would process some 13

million registrations from Europeans in 2009 alone. The program applies to Europeans who don't need visas to travel to the U.S.

The EU said it was "inconsistent with the often repeated commitment by the U.S. to facilitate trans-Atlantic mobility and legitimate travel and trade in a secure environment. THE ASSOCIATED PRESS

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Metro Minute with Haunted Walks

Celebrate the scary season! Tonight's the last night before Halloween to experience one of Ottawa's popular Haunted Walk tours inside the renovated Canadian Museum of Nature. The 60-minute tour not only shares spine-chilling stories of the museum at which there have been paranormal sightings - but is a chance to check

out the \$216-million renovations unveiled earlier this spring, and the museum's collection of creepy crawlies, if you haven't already had the opportunity.

After your tour, stick around for English and French screenings of Stephen King's classic, The starring Shining. Iack Nicholson, in HD.





Scene in brief



The Force can be with you — for a price. Christie's auction house says it is selling an original Darth Vader costume from the Star Wars movie franchise. The jetblack helmet, mask and armour worn by the intergalactic villain are expected to sell for between US\$250,000 and \$365,000 at a sale of pop culture memorabilia next month. THE ASSOCIATED PRESS



Jerry Springer is celebrating its 20th season Springer says the show started to get 'crazy' when he decided to bring young people on O Now, the idea of a midget standing on a table to start a food fight or passionately kissing her sister doesn't seem so shocking anymore



Springer's theatre of the absurd is like video wallpaper now, as he celebrated his 20th season on the air thias week with an episode filmed in New York's Times Square that plays back some of the memorable wig-pulling, chinsmacking turkey-tossing moments of

the past. Springer's show doesn't

get high ratings, not like in the early 1990s when he briefly challenged The Oprah Winfrey Show for briefly supremacy.

Springer infrequently stands on his show's stage, usually prowling with a microphone among audience members and acting like a ringmaster for themed programs such as

Midget Holiday Hell and Guess What? I'm a Man! Transsexuals revealing their secret to dating part-

Former U.S. Education Secretary William Bennett called talk show hosts like Springer "perpetrators of cultural rot," in a 1995



"I don't watch the show, but it's not aimed at 66-yearold men."

JERRY SPRINGER

news conference aimed at cleaning up daytime TV where he was joined by U.S. Sen. Joseph Lieberman, I-Conn.

Now Springer films his episodes in a production facility in Lieberman's hometown of Stamford,

Politicians have largely moved on from Springer. (Representatives for Bennett and Lieberman did not immediately return calls for comment.)

Many of the stations that air Springer pair his show with others hosted by Steve Wilkos, a former Springer security guard, and the colorful Maury Povich, he said.

Springer, a former mayor of Cincinnati, was a local news anchor in the same city when his station's parent company assigned him to host a new talk show. The first episode aired in September 1991.

At first, it was conventional, chasing after the same audience of middleaged women that Oprah Winfrey owned. Springer said he made his only substantive decision on the

show's future: go young.
"We decided to have young people on the stage, young people in the audience and young subject matter," he said. "Well, young people are much more open about their lives. They're much wilder, and that's when the show started to go crazy.'

For the first fight audience member rushing the stage to confront a Ku Klux Klan member — Springer didn't even have security guards. He worried the show would be in trouble. It wasn't.

When the show's rights were first bought out, "they said from now on we're only allowed to do crazy," Springer said.

"The culture of television changed," he said. "The world didn't change. There's nothing that's ever been on any of our shows that a grownup didn't know existed. There's nothing shocking in the show. What was shocking was that we had never seen it on television before." The associated press



metronews.ca metr@scene THURSDAY, OCTOBER 28, 2010



sequels planned

• Cameron working on scripts for 'self-contained' stories as follow up to blockbuster December 2014 and December 2015

writing the scripts for two Avatar sequels early next year, aiming to land the first one in theatres four years from now.

Executives at 20th Century Fox announced yesterday that Cameron has settled on two sequels to the blockbuster hit as his next film projects with plans to begin production in late 2011. The studio hopes to have the first of the as-yet-untitled sequels in theatres in December 2014, with the third movie in the franchise following in December 2015.

decide Cameron will whether to shoot the films back-to-back after he completes the scripts for the sequels to his sci-fi sensation. Set on the distant Pandora. Avatar is the biggest modern blockbuster, with \$2.8 billion at the box office worldwide.

"In the second and third films, which will be selfcontained stories that also fulfil a greater story arc, we will not back off the throttle of Avatar's visual and emotional horsepower, and will continue to explore its themes and characters, which touched the hearts of audiences in all cultures the around world." Cameron said in a news re-

"I'm looking forward to returning to Pandora, a world where our imaginations can run wild.

Cameron had been up in the air on what he would do next, telling reporters as recently as last week that he had not

decided whether to shoot another

ROBERT DOWNEY JR

continue and expand his vi-

sion of the world of Avatar,'

Fox studio bosses Jim Gi-

anopulos and Tom Roth-

man said in a statement.

ZACH GALIFIANAKIS

"GET THAT DOG OUT OF MY FACE OR I'LL RIP IT IN HALF." IN THEATRES NOVEMBER 5

WEEKEND

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re-turning his WHO IS THE DIRECTOR OF DUE DATE? Avatar saga.

studio The was anxious to get back into the Avatar

"We had no higher priority, and can feel no greater joy, than enabling Jim to

"Avatar is not only the highest grossing movie of all time, it is a created uni-

falls for a 10foot, blueskinned native of the distant moon Pandora, where greedy humans wage war over the land's natural resources. THE ASSOCIATED PRESS

imagination and daring of Iames Cameron, who also raised the consciousness of people worldwide to some of the greatest issues facing our planet." Avatar

follows ventures of a



COURTESY OF

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alien

form who



Cameraman says Bruno film crew roughed him up

A cameraman sued Sacha Baron Cohen on Tuesday, claiming his civil rights were violated when he was roughed up by a film crew shooting the comedian in character as Bruno during a gay marriage rally.

Mike Skiff, a self-described gay journalist, sued Baron Cohen and others involved in the 2009 film Bruno for more than \$25,000 in damages for alleged physical and emotional pain and suffering.

His lawsuit claims he was shoved, pulled and threatened with wooden signs as he filmed the comedian in character as gay Austrian fashion journalist Bruno.

The lawsuit said Skiff recognized Baron Cohen during the pro-gay mar-riage rally in downtown Los Angeles in Nov 2, 2008, and began filming him.

posted on Footage YouTube by Skiff's company, Third Rail Media, showed the actor-comedian standing among antigay marriage protesters who had also assembled in the streets.

A man is heard shout-"I know that's Bruno - I can get as much as I want," before being harangued by the crew. One portion of the video shows Skiff pulled away from Baron Cohen before police intervene.

An email sent to Baron Cohen's publicist, Matt Labov, was not immediately returned.

Skiff also claimed the actions of the Bruno crew violated his civil rights and that their appearance at the rally was intended solely to create conflict for the film.

Baron Cohen's in-yourface comedy has provoked several lawsuits since his 2006 film, Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan, became a smash hit, but courts have sided with the comedian.

Bruno also has sparked its share of legal wrangling.

In June 2009, Richelle Olson sued, claiming she suffered brain injuries when Baron Cohen caused her to fall after a confrontation at a charity bintournament Lancaster, Calif. The case is on hold while the woman's attorney appeals a court ruling.

In December, a Palestinian shopkeeper portrayed as a terrorist in Bruno sued Baron Cohen and others for libel and slander.

The Bethlehem shopkeeper and father is identified in the film as a member of the militant Al-Aqsa Martyrs' Brigade. He is seeking \$110 million, and the case remains pending in a Washington, D.C.

THE ASSOCIATED PRESS

Hobbit movies staying in New Zealand

Two \$500 million Hobbit movies will be made in New Zealand as originally planned, Prime Minister John Key said yesterday, after two days of crisis talks with Hollywood studio executives.

Senior executives from Warner Bros. and New Line Cinema won an agreement for a change in labour law and bigger tax breaks to keep the project in New Zealand after a dispute over pay and conditions for actors threw the production into turmoil last week.

The studios had warned that unless the threat of labour action was removed, production of the two movies would be moved to another country.



The dispute became a national issue in New Zealand, which received a huge boost to its tourism and film-making industries after The Lord of the Rings trilogy was made here. Hundreds of people marched in several cities

Monday to show their support for keeping production in New Zealand.

The Hobbit is J.R.R. Tolkien's prequel to The Lord of the Rings.

Key says the package includes an extra tax break of NZ\$20 million (\$15 million)

for the studios, on top of million pledged by the govern-

Economists have said the overall value of producing the films in New Zealand would add up to 2 billion New Zealand dollars (\$1.5 billion) to the local economy — nearly 2 per cent of annual gross domestic production.

The crisis over production of the two movies unfolded after New Zealand Actors' Equity imposed an international "no work" boycott on the project last month after director Peter Jackson refused to hold talks on wages and conditions for local actors.

THE ASSOCIATED PRESS



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Swift speaks to her peers

Taylor Swift Album: Speak Now Label: Open Road **@@@@**

The songs of Taylor Swift have an incredible ability to hit upon the universal themes of the post-adolescent all-American girl. They may not reflect reality, but they certainly play into the supposed-to-be reality of a sugar-and-spice world.

Her themes, supposedly drawn from her sheltered oh-so-perfect life, deal with heartache (Dear John), love found (Mine), lost love (Back to December) and love's betrayal (Mean). These are songs of the high-school prom. Even Innocent, the strangely patronizing track written for Kanye West, is written from the perspective of the prom queen who's moment of glory is suddenly dashed by a steaming bucket of crap. And the title track Speak Now is a wonderfully crafted dream scene of what every young woman would like to do at an exboyfriend's wedding day.

This is the appeal of Taylor Swift. She manages to capture that teen angst with an expert's eye while actually living it. She has an undeniable gift for melody and lyric. It's still to be seen whether she can carry this irresistibility with relevance into full adulthood. Chances are that she will. Outstanding track: Dear John O GRAHAM ROCKINGHAM

Bryan Ferry Album: Olympia Label: Virgin/EMI

It's been eight years since Bryan Ferry, former singer of Roxy Music, released his last disc of original music and, it's a shame it took this long for him to put out this record. While the disc doesn't sound much like his old band, it's still got that boundary pushing creativity that made him famous. The record is full of lush, epic and



Diamond Rings Album: Special Affections Label: Secret City John O'Regan's solo work as Diamond Rings has experienced the kind of

hype where only a

OLYMPIA

atmospheric pop sounds and it's loaded with A-list guests including Flea, Dave Stewart and David Gilmour. Outstanding track: Shameless

BRYAN BORZYKOWSKI

flawless debut album could justify it all. But Special Affections lives up to the impossible expectations even with the GarageBand production and minimalist approach. Through hooky choruses and inventive arrangements, O'Regan's fixation with new wave and anthemic guitar riffs become as vivid as his multi-coloured makeup. Special Affections has all the substance to match that flamboyant style of his. Outstanding track: On Our Own Ocam Lindsay

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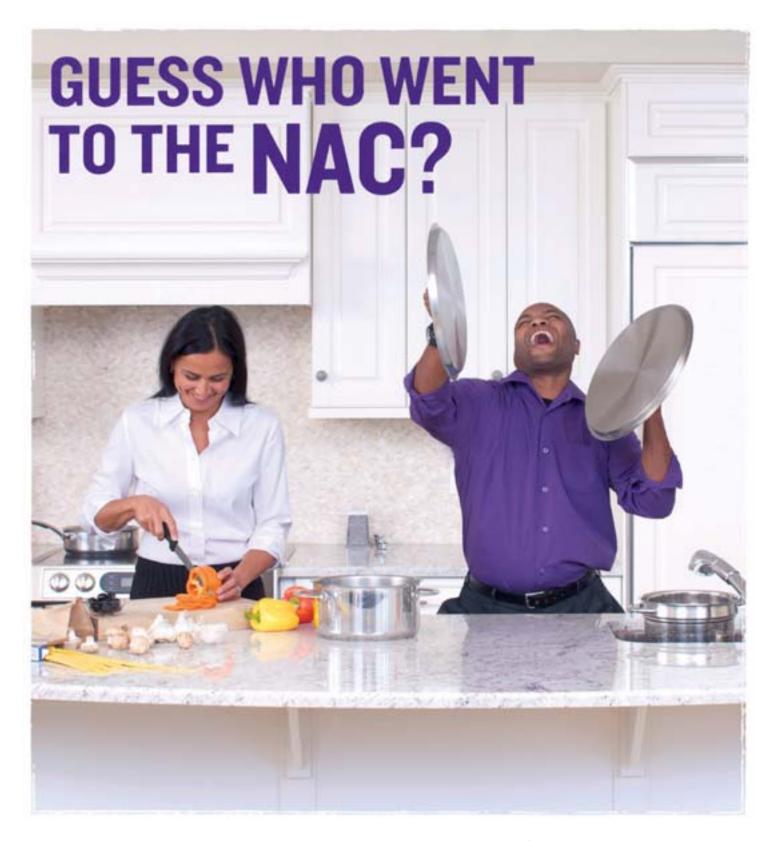












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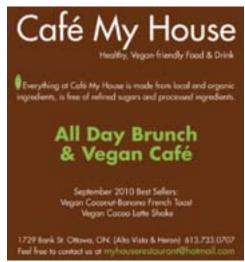




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Biebs to rock AMAs

A newlywed, a teen heartthrob and a glittery pop star are set to take the stage at the 38th annual American Music Awards.

Katy Perry, Justin Bieber and Ke\$ha will make their debuts on the AMAs next month, producers said yesterday.

All three are multiple nominees, and all are up for artist of the year, along with Lady Gaga and Eminem.

Bieber is nominated for four awards.

Ke\$ha and Perry have three bids each. Eminem and Lady Antebellum lead nominees with five apiece.

nominees with five apiece. Sixteen-year-old Bieber, who recently released his autobiography, said he's "extremely humbled and honoured" to be part of the show, which honours

▶ Justin Bieber

the most popular albums and artists.

"As a small-town kid from Canada, I never imagined that I would be nominated for AMAs, let alone be performing on the show," he said without hinting at what song he plans to perform.

Ke\$ha said she's excited

for her "first big American awards-show performance" and humbled to be nominated for artist of the year with some of her idols

"To have my name nominated alongside them really solidifies the impact I've had on American pop culture and pop music the past year," she said. "I'm really honoured and definitely going to cover America in glitter."

Other artists slated to perform at the show include Christina Aguilera, Bon Jovi, Usher and P!nk.

The American Music Awards will be presented Nov. 21 at the Nokia Theatre and broadcast live on ABC. Music fans can choose the winners by voting online.

THE ASSOCIATED PRESS

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Tuesday's is an adult Romance store with a boutique like environment and a focus on informative customer service. We carry top line products such as Kama Sutra, Lelo, Tantus, jimmyjane and of course the We-Vibe. Our intention was to create an environment where men and women could feel more comfortable while shopping for items to enhance their romance. After 3 years in business all of Ottawa is getting the message that there is a positive alternative to the typical XXX sex shop. So come see us this Holiday season for romantic gifts to heat up those cold winter nights.

What is Romance Day?

Today all of us are time poor so a Romance Day is any day of the week that you manage to spend time with the one you love and doing things together. These things can be very simple like staying home to watch a movie, getting dressed up for each other and going out to a romantic dinner or just a walk along the Ottawa River. Romance is about making time to share with the one you love. By connecting or re-connecting in this way you strengthen your relationship. So what day is your Romance Day going to be ?



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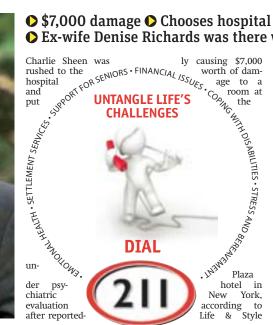
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Charlie Sheen trashes New York hotel room



• \$7,000 damage • Chooses hospital over prison Ex-wife Denise Richards was there with Sheen



And while some reports claim the troubled actor suffered an overdose, witnesses say he was awake when paramedics arrived.

"He was definitely awake before leaving the hotel as he made the choice to go there and not the jail," the source says. "Charlie was in-coherent but started coherent started screaming slurs at the cops.

"They recognized him immediately and gave him two options: they could take him to the hospital or take him down to the station. Charlie chose the hospital."

Luckily, ex-wife Denise Richards was around to reportedly escort Sheen to the hospital, as the two had dined earlier that night.

Celebrity tweets

Nicky Hilton



quette lesson: if you aren't close with the host don't ask to

bring more than a plus one- it's rude!

Danny DeVito

[@Danny_DeVito] can someone hack into twitter? I'm getting text messages on my

iphone Then i was asked to type

stop & I did..now I cant tweet from Iphone??

everything I Yesterday, I shot a Cobb salad

50 Cent Name

[@50cent] I met this beautiful women tonight she's hot baby. I'm trying to score, she

smells great. Wish me luck.

love for Halle Berry

Things seem to be moving quickly between Halle Berry and new boyfriend Olivier Martinez, as sources say the pair are looking into moving in together, according to

Hollyscoop.
"These two are so in love, they want to spend as much time together as possible. They hate being apart, even for one night, they can help it," source says.



"Since they both need to be Hollyin wood work. it made sense for Olivier to move in

sooner rather than later. And the love the privacy of her place, although Halle says she can't wait to get to know Paris better.'

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You live and learn

RIHANNA. The more than a vear and a half that's passed has given Rihanna time to reflect on the pre-Grammy incident in which boyfriend Chris Brown assaulted her.

working, and sometimes when stuff happens you

feel like, 'What did I do to deserve this?' Why was it backfiring on me?" she ponders to Marie Clare magazine. "But I needed that wake-up call in my life. I needed a turning point, and that's what God

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Longoria faces lawsuit over crash

Eva Longoria is being sued following a car accident she was involved in last week, according to TMZ.

The other driver, Roman Gasparyan, claims he suffered mentally and physically due to the crash, which he claims was caused by the Desperate Housewives star making "a sudden lane change into the median lane," the website reports.

But a rep for Longoria says the lawsuit is bogus.
"According to the po-

lice report, the other driver was clearly at fault and admitted the fault at the scene of the accident," her rep says.

"There is absolutely no truth to this claim, and any indications to the contrary are completely false and untrue."

*TAKES EXTRA



"God has a crazy way of

was giving to me.

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Finding fashion in your costume

◆ As far as pop culture is concerned, Halloween is like one big popularity contest ◆ Which characters will win this year? Here are our predictions for the popular celeb costume



Yes there's candy corn, bobbing for apples and blah, blah, blah.

But for many, Halloween

is a litmus test for which celebrities, television shows, pop cultural references and movies have gone over big this year so far. While 2010 is destined to have the usual cast of suspects haunting the streets, a few unexpected faces have gotten our creative costume juices flowing this year.



Eric Northman of True Blood

The tools: During season three, he blew past Bill The New Bad Guy Comp ton to become the show's most loved vampire. It doesn't hurt that he is also the hottest. (The ladies will love the new Halloween you.) He's got all of the ingredients of a costume party hit. Assem bling his look is easy. Just put on a t-shirt, jeans and leather bomber jacket, all in black. The trickiest part will be nailing the makeup. You'll need to pile on lots of light foundation and experiment with eye shadow to get his pallid complexion and dark under-eye circles just right.



Joan Harris of Mad Men

The tools: Everyone's favorite drop-dead gorgeous office manager inspired a season's worth of runway trends. That should make it easy to craft your costume; the high street is filled with knockoffs of all those Harris-like tight cardigan sweaters, body-hugging dresses and knee-grazing skirts that Prada, Marc Ja cobs and Louis Vuitton showed for autumn/winter '10. Oh, and don't forget the red lipstick, ginger wig and padded bra. The best part: you could conceivably wear your office-perfect Halloween costume again and again.



Snooki

The tools: This look is less about the clothes and more about the lack thereof. Start by gathering all of the hair spray you can find. Or save vourself the time and just buy an Elvira wig from your nearest costume shop. Next, the tan. Not just any old D.I.Y. product will do. It's got to be the darkest fake-bake-in-abottle you can find at the drugstore. Finally, buy a tank top, cover it in fabric glue, roll it around in glitter, and - most importantly - wear it as a dress.



Lady Gaga

The tools: The diva is a gold-mine when it comes to Halloween ideas. But serious costume party pros will want to be as au courant as possible, which means there's only one real option: The Meat Dress. To create this glorious wonder, you simply need to stock up on raw steak from your neighborhood butcher. (Don't go for pork or lamb, which doesn't look quite as bloody.) Find a sleeveless dress that has been cut on the bias. Break out the sewing kit and start attaching the beef to the dress. Et voilá! You are a walking PETA magnet! Happy



Sleeper hit: Antoine Dodson

The tools: "He's climbing in your windows. He's snatching your people up. ...So y'all need to hide ya kids hide ya wife!"

kids, hide ya wife!" Sound familiar? No. this is not some tale of the bogeyman, but lyrics from Bed Intruder Song '07, the iTunes hit based on the Internet sensation that was Dodson's impassioned, cringe-inducing evening news rant against his sis ter's attacker (15,764,912 views and counting.) While the Dodson look appears easy, it's also the trickiest. Do's: a black tank top and a red bandana around the head.





Willow Smith's 'Whip My Hair' We had reservations about Jada Pinkett and Will Smith's daughter with her team of two stylists and over-the-top red carpet looks. But it's impossible not to love her bumping debut sing-



Rihanna

We aren't loving the Kool-Aid red color that Rihanna has been working for the past few months, fashion queen or not.

METRO/KH



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2 GARBSTORE PEASANT CHINO

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\$160 asos.com

4 W.M.J. MILLS & CO FLIGHT BAG

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of the week

Leather

Leather skirts, trousers and shorts popped up in collections from Prada to Celine on the fall runways. Lucky for you, affordable versions like this Vila skirt are all over the high street shops. The zipper, which will be a big trend next spring, means you can get a few seasons out of it. OKENYA HUNT



Rochette steps into design role

Joannie Rochette is bringing her artistry from the ice to the world of style with a portion of funds from the effort going to support a cause close to the figure skater's heart.

The Olympic bronze medallist has teamed up with Birks to design a sterling silver, heart-shaped pendant which also bears her signature.

A portion of the sales revenue will be donated to iheartmom. The University

of Ottawa Heart Institute initiative aims to influence women's attitudes and understanding of heart disease as well as raise funds for research and treatment.

cause of heart The health resonates strongly with Rochette. Her mother, Therese, died of a massive heart attack in Vancouver before her daughter competed in the Winter Games earlier this vear. canadian press



Latifah to celebrate stylemakers

Award-winning singer and actress Queen Latifah will help pay tribute to the best and brightest of Canada's beauty industry as host of an upcoming awards cere-

The Golden Globe and Grammy winner will headline the P&G Beauty & Grooming Awards ceremony in Toronto on



The Oscar nominee is a familiar face on the beauty landscape as a spokesmodel for Cover-Girl. The awards honour the best in the country's homegrown beauty. grooming and fashion editorial content. THE CANADIAN PRESS



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Suit-your-space furniture

• These classic home furnishing tips can help you stay on top of latest trends as well as stay on top of your budget

DECOR MOMENT

KARL LOHNES



There are probably not many decorating enthusiasts who haven't heard of the home furnishings powerhouse retailer Crate and Barrel.

It is one of North America's most popular contemporary furniture and home accessories stores. If you don't happen to live near a store the company will ship you what you need from their online shopping catalogue crateandbarrel.com.

I had a chat with Raymond Arenson, Crate and Barrel's executive vice-president of merchandising and design to find out where trends in furniture are heading and asked him his thoughts on what classic furniture items every home needed.

Everitt Table: An affordable and versatile table; its base can hold a variety of table top sizes which makes it flexible to be a dining table, desk or console

The base is actually two t-bars and requires no hardware so it conveniently comes apart and stores in a closet when the table is not needed anymore. With any tempered glass top it is suitable for outdoor use.

Stow Onyx Leather Storage Ottoman: Can serve as impromptu seating, extra storage, and by flipping its lid over, instant side table.

Walnut Mimic Cube: Alone, it's a trendy side table. In a group it becomes a coffee table and in a stack it can serve as an étagère.

Savannah (eight-by-10 foot): Because of its useful size, its neutral colour, and its ability to be used indoors or outdoors, it's as versatile as a rug can get.

Marina Lamp: It's dramatic in shape yet quiet at the same time. Its fully dimmable function can make it a source of full ambient lighting or soft accent lighting.

Trends

Where are we going with trends in furniture?

We've seen the furniture market flooded with espresso/very dark wood tones. Wood furniture is lightening up to a dull, grayed-down, weathered looking wood tone and colour, similar to driftwood. North America follows it trends from Europe and on my last visit there wasn't a stick of dark wood to be seen; the wood tones are definitely lightening up.

What about colour trends?

We've seen a lot of

brown/taupe colours mixed with strong punchy ones like fashionable orange, green and now blue. That is all changing; grey has become the new taupe and punchy colours are much more subdued; think colours that are slightly murky like purple with a dollop of brown or yellow with a khaki base.







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Women get cosy in the Mom Cave

Many women are staking out an unused closet, basement or extra bedroom for themselves
 No extra room? Consider turning a stair landing into a mini-sanctuary

Roxanne Jacoby has a guest room in her Pennsylvania home that no guest has ever slept in. It's really her Mom Cave.

Outfitted with mementos and comfort items, it's the only room in the house she really calls her own.

"I've put in an alpaca throw, down pillows, a fan, my favourite scented candle, and a whole bunch of stuff that I want to read," says Jacoby.

It's not like she couldn't

set all that up in a corner of the family room, but that "guest room" has an important feature: "I can close the door."

Many women — and not just moms — are taking over some of the fallow ground at home and turning it into a haven to pursue personal pursuits. They stake out an unused closet, basement nook or extra bedroom. Some use the space to work without interruption — they've got it all set up with Wi-Fi, and

maybe a TV. Others say none of that's allowed, just books and maybe a music player.

"My room's purple with green polkadots. It's got all kinds of silly things from my childhood — my light bulb collection, Dr. Seuss books and college letterman blanket."

Lori Remien, a teacher in Evanston, Ill., took over an unused nook off her daughter's room when she needed a place to work on her National Boards exams a few years ago. "I went to Ikea and bought a comfy wicker chair, a plush red rug and some pretty black and white curtains. It's still a great retreat where I can watch the shows the rest of my family doesn't watch," she says.

New York designer Elaine Griffin embraces the Mom Cave concept and recently partnered with Homegoods in Manhattan to show some decor and space suggestions. She says, "A Mom Cave is where the woman who nurtures everyone goes to nurture herself."

It's different from the quintessential "man cave," where men do manly, messy and sporty things, often involving a recliner, she notes.

"Mom Caves are fun, frankly feminine spaces, and they're personalized."

Here's what you need for your Mom Cave: a place to sit, storage space, an area to do what you want to do and room for occasional visitors.

"Organizing your stuff makes your space feel bigger. I love bookcases you can hide in plain sight," says Griffin.

Colourful boxes and file folders work well; group an array of favourite photos in fun frames on the shelves.The Canadian Press



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Spook up your space



Nothing brings the spirit of Halloween to spooky life better than some great decorations that raise the fright factor.

Whether you're entertaining some dressed-up denizens indoors or creating a terrifying outdoor frightfest for passers-by and trick-or-treaters, you naturally want to save money while still keeping things spine-chilling.

So turn a baleful eye towards a few of these more ghoulish goodies, if you dare.











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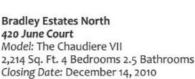
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Berry pretty

• Jams and juices not the only uses of fruiting plants

Berry plants bloom in spring, fruit in summer and dazzle again in autumn, combining fashionable form with edible function.

Strawberries make an attractive ground cover, especially when flowering. Leaves on blueberry plants turn crimson in fall, and their bare red stems stand out dramatically against wintertime snow Grapevines draped over arbours are eye-catching any time of year.

"There's also no great mystery in growing them," said Barbara Bowling, author of The Berry Grower's Companion (Timber Press, 2000). "If you select a good site and pay attention, you can grow wonderful fruit have an interesting plant to boot."

Maintenance is minimal, but that doesn't mean the plants can be ignored.

'Water a day late and you've done damage," Bow avoidable Bowling said



from her home in Boise, Idaho. "Weed a week late and it's the same deal. Harvest the fruit late and you have a mess

Time for a little definition. Fruits commonly called "berries" include strawberries, brambles (raspberries, blackberries and various hybrids), blueberries, cranberries, currants, grapes, gooseberries and elderberries, Bowling

Berries deliver a remarkable range of flavours and come in a wide range of colours. They frequently

are eaten fresh, but just as often are processed into juices, jams, pastries and dairy products such as smoothies.

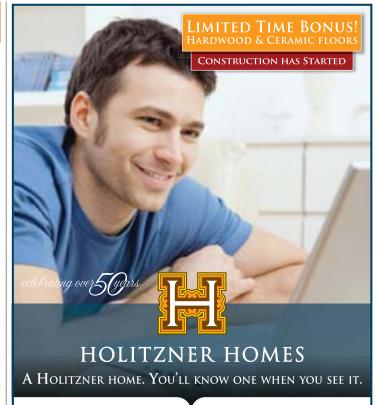
"Berries are high in nutrients and fibre and low in fat. Many species have high levels of numerous antioxidants and anti-tumour compounds," Bowl-

They require little space in which to grow, and many begin fruiting just two to three years after planting.

Fruiting plants come in many shapes, from low growing (strawberries), to tall clustered canes (blueberries, elderberries), or vines (grapes, kiwi).

Which berry plants should you grow? Veteran gardeners suggest starting with something you like, then narrowing it to cultivars hardy enough for your region. Choose sites with good drainage and plenty of sun.

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Cut tenderloin almost through lengthwise;

open like a book. Place

plastic wrap on top and

pound with rolling pin

to flatten to even thick-

In a medium saucepan

or skillet, cook bacon

tender and browned.

cranberries and sage.

medium-high heat until

Stir in breadcrumbs, ap-

Moisten slightly with up to 50 ml (1/4 cup) broth

until mixture holds to-

gether when pressed.

Season with salt, pep-

per and more sage to

smooth side down, on

work surface. Press fill-

ing along length of cen-

enclose completely. Tie

with string at 4-cm (1

tre third; roll meat

around filling to

Place tenderloin,

under tenderloin:

ness. Set aside.

and onion over

ple, walnuts,

taste.

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bakery. And it caters to people with different tolerances for gluten, sugar and

Bakery side, you can choose from a buffet that varies daily. The day I was there, there was vegetarian chili, cacciatore and Brussels sprouts with wholegrain mustard and maple syrup. Knowing I wanted to try a dessert later, I dished up a small bowl of the Fall Cacciatore. It was filled with tomato, zucchini, red

tasty spices. It was bursting with taste and flavour.

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Recipe: Elegant pork tenderloin **Ingredients:**

- 1 pork tenderloin (625g) • 2 slices bacon, chopped
- 75 ml diced onion
- 175 ml dry seasoned breadcrumbs
- 1 apple, peeled, cored and chopped
- 75 ml chopped toasted
- walnuts
- 75 ml fresh or frozen
- cranberries, halved if large
- 5 ml chopped fresh sage leaves or 2 ml dried
- · Chicken broth or water
- Salt and pepper
- 30 ml olive oil

overnight at this point.)

- Place, seam-side-down, in lightly greased baking dish. Brush with oil. Sprinkle with pepper to taste. Roast in a 180 C (350 F) oven for 45 minutes until meat thermometer inserted in centre registers 71 C (160 F) or until juices run clear when pork is pierced and just a hint of pink remains inside.
- Let stand for 10 minutes slice into 2-cm slices.



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Comeback falls short for Raptors

 Team battled back from 16 points down, but couldn't catch Knicks
 Bargnani leads scoring with 22





KNICKS

RAPTORS

Wilson Chandler scored 22 points while \$100-million US free-agent addition Amare Stoudemire added 19 more to go along with 10 assists as the New York Knicks overcame a gritty Toronto Raptors club for a 98-93 victory last night in the season opener for both clubs.

Working their way back from a 16-point deficit, the Raptors pulled within three with 11 seconds left but Leandro Barbosa air-balled a desperation three-point attempt. The Knicks then sealed the deal from the foul-line.

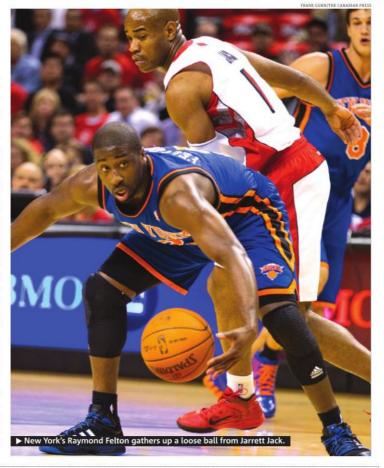
Andrea Bargnani scored 22 points, Jarrett Jack added 16 with six assists, while Barbosa and Linas Kleiza chipped in with 13 each for the Raptors, who began the post-Chris Bosh era with a close loss that highlighted their shortcomings.

Forward Reggie Evans was a beast on the boards, banging bodies, altering shots and collecting a gamehigh 16 rebounds, but much like his team, the hard work wasn't enough.

The Raptors were thrust into rebuild mode over the summer when, after a 40-42 season left them out of the playoffs, Bosh bolted for the Miami Heat to join Dwyane Wade and LeBron James. Freed from the responsibility of having to carry a franchise, Bosh continues to make silly comments that show how ill-suited he was for the role in Toronto.

"Really, it's all about being on TV at the end of the day," Bosh told reporters in Boston on Tuesday of his decision to leave.

The disgruntled Hedo Tukoglu was also jettisoned, sent to Phoenix for Barbosa, and head coach Jay Triano has reinvented the Raptors' approach around hard work. THE CANADIAN PRESS





KOVALEV KEY TO GETTING ON TRACK

It's been a tough beginning to 2010-11 for the Senators. For a veteran squad they've looked out of sorts, jumpy, surprisingly inconsistent – even shift to shift – and lacking in confidence.

t's early yet, but the finger is hovering above the panic button. General manager Bryan Murray has already promised changes and head coach Cory Clouston has been his usual monosyllabic self since pretty much Day 1 of the campaign.

Another injury to netminder Pascal Leclaire was a blow and the free agent departure of blue-liner Anton Volchenkov has left a hole the size of Major's Hill Park on the back end. But it's the offence that's been particularly disappointing.

Jason Spezza has been hampered by a wonky groin, but is still a point-per-game, plus player, and golden oldie Daniel Alfredsson, he of the recently recorded 1,000th point, has been his usual steady self, leading the team in scoring. But after those two, there's a precipitous drop off.

Star summer signing Sergei Gonchar, he of the recently achieved 1,000th NHL game, is fast becoming a power-play specialist and even-strength defensive liability.

Mike Fisher and Milan Michalek have struggled and are both minus players, while youngsters Nick Foligno, Erik Karlsson and Peter Regin experience growing pains. Simply put, the team's offensive

depth has so far been buried.

If there's one player who can singlehandedly begin the Senators' march back up the offensive ladder, it's Alex Kovalev. The Mercurial One has been anything but this season; other than Tuesday's two-goal, three-point performance versus Phoenix, he's been just plain bad. Little effort and pretty much zero in the results category has helped crippled Ottawa's attack. And the frustrating thing, of course, is that Kovalev has the skill to take games over — just ask the Coyotes — just not the desire.

Ask anyone who has played with him and they'll agree that Kovalev has natural abilities few can match. At 37 the winger remains a wizard with the puck, a load to handle at six-foot-two and 225 pounds, and still boasts a wicked shot, especially his standing-still one-timer.

But none of that has been on display this season. And if the Sens are going to pull themselves out of the offensive abyss they find themselves in, Kovalev will have to lead the charge and begin earning his \$5-million stipend.

If he doesn't, it could fast become a long year in the nation's capital.



Up and down

Jose Molina

The Toronto Blue Jays have picked up the option on the catcher's contract. The \$1.2-million US option will take him through the 2011 season.





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The Yankees
declined their 2011
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d-Tampa Bay	9	6	2	1	0	32	30	13	3-1-1-0	3-1-0-0	6-2-1-0	W1
d-Montreal	9	6	2	1	0	25	21	13	3-1-1-0	3-1-0-0	6-2-1-0	W3
d-Pittsburgh	10	5	4	1	0	30	25	11	2-3-0-0	3-1-1-0	5-4-1-0	L2
Washington	9	6	3	0	0	25	21	12	4-1-0-0	1-3-0-0	6-3-0-0	W2
Toronto	8	5	2	1	0	23	19	11	3-1-1-0	2-1-0-0	5-2-1-0	W1
NY Islanders	9	4	3	1	1	26	23	10	2-0-0-1	2-3-1-0	4-3-1-1	L2
NY Rangers	8	4	3	1	0	28	24	9	1-2-1-0	3-1-0-0	4-3-1-0	L1
Atlanta	9	4	4	1	0	29	33	9	1-2-0-0	3-2-1-0	4-4-1-0	W1
Philadelphia	9	4	4	1	0	25	24	9	3-3-0-0	1-1-1-0	4-4-1-0	W1
Boston	6	4	2	0	0	18	11	8	1-2-0-0	3-0-0-0	4-2-0-0	L1
Carolina	8	4	4	0	0	21	23	8	1-1-0-0	3-3-0-0	4-4-0-0	L1
Ottawa	9	3	5	1	0	21	28	7	2-2-0-0	1-3-1-0	3-5-1-0	W1
Buffalo	10	3	6	1	0	27	30	7	0-4-1-0	2-3-0-0	3-5-1-0	L1
Florida	7	3	4	0	0	18	15	6	2-1-0-0	1-3-0-0	3-4-0-0	L1
New Jersey	9	2	6	1	0	15	30	5	0-4-1-0	2-2-0-0	2-6-1-0	L2

WESTERN CONFERENCE GP W L OTL SL GF GA Pts

d-Nashville	8	5	0	3	0	21	17	13	2-0-3-0	3-0-0-0	5-0-3-0	W
d-Los Angeles	8	6	2	0	0	25	19	12	3-0-0-0	3-2-0-0	6-2-0-0	W
d-Calgary	9	6	3	0	0	26	21	12	4-1-0-0	2-2-0-0	6-3-0-0	W:
Detroit	7	5	1	0	1	23	18	11	3-0-0-1	2-1-0-0	5-1-0-1	W
Chicago	10	5	4	1	0	29	28	11	3-3-0-0	2-1-1-0	5-4-1-0	L
Dallas	8	5	3	0	0	26	22	10	2-2-0-0	3-1-0-0	5-3-0-0	L
St. Louis	7	4	1	1	1	19	14	10	4-0-0-0	0-1-1-1	4-1-1-1	W
Columbus	8	5	3	0	0	20	22	10	3-2-0-0	2-1-0-0	5-3-0-0	W
Vancouver	9	4	3	0	2	24	24	10	4-0-0-1	0-3-0-1	4-3-0-2	W
Anaheim	10	4	5	0	1	26	35	9	2-0-0-1	2-5-0-0	4-5-0-1	W.
Colorado	9	4	4	1	0	25	29	9	1-2-0-0	3-2-1-0	4-4-1-0	Li
Minnesota	8	3	3	0	2	23	23	8	2-2-0-1	1-1-0-1	3-3-0-1	L
San Jose	7	3	3	1	0	19	21	7	1-2-0-0	2-1-1-0	3-3-1-0	L
Phoenix	8	2	3	3	0	21	29	7	1-1-2-0	1-2-1-0	2-3-3-0	Li
Edmonton	7	2	4	0	1	15	21	5	2-2-0-0	0-2-1-0	2-4-0-1	Ľ

 $d-\text{division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column. \\$

Last night's results Atlanta 6 N.Y. Rangers 4 Washington 2 Carolina 0 Montreal 5 N.Y. Islanders 3 Tampa Bay 5 Pittsburgh 3 Los Angeles at Chicago New Jersev at San Jose Tuesday's results Anaheim 5 Dallas 2 Calgary 5 Edmonton 4 (SO) Ottawa 5 Phoenix 2 Philadelphia 6 Buffalo 3

CANADIENS 5, ISLANDERS 3

First period

1. Montreal, Darche 1 (Halpern, Subban) 13:19

2. Montreal, Moen 1 (Plekanec, Gill) 17:54 (sh)

3. NY Islanders, Wisniewski 2 (Weight) 19:16

(pp)

Penalties — Hillen NYI (interference) 3:32,
Hamrlik Mtl (interference) 7:48, Subban Mtl (roughing) 17:32.

Second period

4. Montreal, Plekanec 4 (Kostitsyn, Hamrlik)

7-33
Penatites — Moen Mtl (boarding) 8-43, Konop-ka NYI, Moen Mtl (fighting) 10-48, Bailey NYI (slashing) 14:31, Spacek Mtl (high-sticking) 18:41.
Third period
S. NY Islanders, Tavares 6 (Wisniewski) 0:13 (pp)
6. Montreal, Halpern 3 (Pouliot, Price) 6:56
7. NY Islanders, Weight 2 (Wisniewski, Hillen) 12:56

8. Montreal, Kostitsvn 6 18:58 (en) Penalties — Bailey NYI (goaltender interfer-

ence) 10:23. Missed penalty shot — Pouliot Mtl 7:11. Shots on goal by: NY Islanders Montreal 7 8 6 14 9 11

Montreal 14 9 11 3 Goal – NY Islanders: Roloson (L,2-2-0). Mon-treal: Price (W,6-2-1) Power plays – NY Is-landers: 2-4. Montreal: 0-3. Att. – 21,273 at Montreal.

LATE TUESDAY

CANUCKS 4, AVALANCHE 3 (OT)

First Period

1. Colorado, Jones 3 (Hejduk, Hannan) 4:28 2. Vancouver, Tambellini 2 (D.Sedin, H.Sedin) Florida at Ottawa, 7:30 p.m. St. Louis at Nashville, 8 p.m. Washington at Minnesota, 8 p.m. Los Angeles at Dallas, 8:30 p.m. Colorado at Calgary, 9 p.m.

Toronto 3 Florida 1 Vancouver 4 Colorado 3 (OT)

Tonight's games (All times Eastern)

Toronto at Boston, 7 p.m Phoenix at Detroit, 7 p.m.
Edmonton at Columbus, 7 p.m.
Florida at Ottawa, 7:30 p.m.

Penalties — McLeod Col, Glass Vcr (fighting) 3:34, Van Der Gulik Col (interference) 9:51, Stastny Col (tripping) 16:54, Kesler Vcr (hold-ing stick) 17:41. Second Period 3. Colorado, Winnik 3 (O'Reilly, Quincey) 4:40 4. Vancouver, Kesler 3 (Erhoff, Edler) 7:31 (pp) Penalties — Dupuis Col (charging) 6:24, Bieksa

Vcr (interference) 15:12. Third Period

Third Period

5. Vancouver, Schaefer 1 (Erhroft) 4:58

6. Colorado, Duchene 2 (Hejduk, Stewart)

18:27
Penalties – None.
Overtime

7. Vancouver, Raymond 3:28
Penalties – None.
Shots on goal by:

Chapterwise

8 16 15 0–30

Chapterwise

8 16 15 0–30

SCORING LEADERS

8 3 7	7 10	15
	10	
7	10	13
	5	12
3	9	12
8	3	11
7	4	11
6	5	11
5	6	11
5	6	11
0	11	11
0	11	11
5	5	10
5	5	10
	6	10
4		
		4 6 nes

CFL

WEEK 18

EAST DIVISI	ON						
	GP	W	L	Т	PF	PA	Pt
y-Montreal	16	11	5	0	480	415	22
x-Hamilton	16	9	7	0	436	372	18
x-Toronto	16	8	8	0	313	401	16
Winnipeg	16	4	12	0	419	434	8
WEST DIVIS	ION						
				-			-

GP W L T PF PA Pt 16 11 5 0 536 403 22 16 9 7 0 449 442 18 16 6 10 0 343 501 12 16 6 10 0 420 428 12 v-Calgary x-Saskatchewan Edmonton x — clinched playoff berth.

Tomorrow's games (All times Eastern) Montreal at Toronto, 7 p.m. Hamilton at Calgary, 10 p.m. Saturday's game Winnipeg at Edmonton, 7 p.m.

— clinched division title

Sunday's game Saskatchewan at B.C., 5 p.m.

TRANSACTIONS

BASEBALL

Last 10 Strk

AMERICAN LEAGUE
NEW YORK YANKEES — Exercised their 2011
contract option on RHP Andrew Brackman. Declined to exercise 2011 contract options on INF/OF Lance Berkman, DH/1B Nick Johnson and RHP Kerry Wood.

BASKETBALL

NEW ORLEANS HORNETS — Exercised their fourth-year contract option on G Jerryd Bayless

FOOTBALL

CAROLINA PANTHERS — Placed LB Jama Williams on injured reserve. Signed LB Abdul

NEW YORK JETS — Signed DT Jarron Gilbert NEW YORK JELS — Signed DI Jarron clilbert from the practice squad. Signed CB Will Billingsley to the practice squad. ST. LOUIS RAMS — Signed S Michael Lewis. Placed DT Clifton Kyan on injured reserve. Signed CB Quincy Butter and LB David Dixon to the practice squad. Released LB Curtis John-son from the practice squad.

HOCKEY

NHL

ATLANTA THRASHERS — Reassigned LW Michael Forney from Chicago (AHL) to Gwin-nett (ECHL).

AHL

TEXAS STARS — Recalled D Guillaume Monast from Idaho (ECHL).

FCHI

FLORIDA EVERBLADES — Traded F Vladimir Nikiforov to Bakersfield for future considerations. $\mbox{VICTORIA SALMON KINGS} - \mbox{Signed F Quintin Laing}.$

LACROSSE

CALGARY ROUGHNECKS — Traded the rights to G Matt King and a 2011 second-round draft pick to Colorado for the rights to F Cory Con-

way.

ROCHESTER KNIGHTHAWKS — Traded F John
Grant Jr., D Mac Allen and 2011 and 2015 firstround draft picks to Colorado for G Matt Vinc,
D Matt Zash, Frand Self and 2012 firstand third-round draft picks.

TORONITO ROCK — Traded F Mike McLellan to
Colorado for a 2012 second-round draft pick.

SOCCER

MLS PLAYOFFS

EASTERN CONFERENCE

(All times Eastern) New York vs. San Jose New York vs. San Jose Saturday's game First Leg New York at San Jose, 10 p.m. Columbus vs. Colorado Tonight's game First Leg Columbus at Colorado, 9 p.m.

WESTERN CONFERENCE Los Angeles vs. Seattle Sunday's game

Sunday's game First Leg Los Angeles at Seattle, 8 p.m. Real Salt Lake vs. FC Dallas Saturday, Oct. 30 First Leg Real Salt Lake at Dallas, 5 p.m.

ENGLAND

LEAGUE CUP

Fourth Round Yesterday's results Aston Villa 2, Burnley 1 (extra time) Newcastle 0, Arsenal 4 West Ham 3, Stoke 1 (extra time)

SCOTLAND

LEAGUE CUP

Quarter-finals Yesterday's results St. Johnstone 2, Celtic 3 Kilmarnock 0, Rangers 2

FRANCE

LEAGUE CUP

Last 16 Yesterdaya's results Guingamp 0, Marseille 1 Lille 4, Caen 1 Auxerre 4, Bastia 0 Lyon 1, Paris Saint-Germain 2 (extra time)

GERMANY

GERMAN CUP

GERMAN CUP

Yesterday's results

Hallescher F. C. D. Duisburg 3

Eintracht Frankfurt 5, Hamburger SV 2

Hoffenheim 1, Ingolstadt 0

Alemannia Aachen 2. Mainz 1

Kickers Offenbach 0, Bourssia Dortmund 0

Coffenbach wins 4-2 no penalties)

Elversberg 0, Nuremberg 3

Chemnit 1, Strutgart 3 (extra time)

Borussia Moenchengladbach 1, Bayer Levariascan 1 erkusen 1 (Moenchengladbach wins 5-4 on penalties)

ITALY

ITALIAN CUP

ITALIAN CUP
Third Round
Yesterdays' results
Frosinone 2, Reggina 4, OT
Udinese 4, Padova 0
Vicenza 1, Ascoli 0
Atalanta 0, Livorno 1
Cesena 1, Novara 3, OT
Bologna 3, Modena 2
Brescia 1, Cittadella 0
Cagliari 3, Piazenza 0
Crotone 0, Albinleffe 1
Catania 4, Varses 3, OT Catania 4, Varese 3, OT Lecce 3, Siena 2 Lazio 3, Portogruaro 0

SPAIN

COPA DEL REY

Fourth Round First Leg Yesterday's results Real Union 0, Sevilla 4 Logrones 0, Valencia 3 Hercules 0, Malaga 0 Mallorca 3, Sporting Gijon 1 Poli Ejido 1, Villarreal 1 Portugalete 1, Getafe 1

Xerez 2, Levante 3 Cordoba 2, Racing Santander 0 Valladolid 0, Espanyol 2 Real Betis 0, Zaragoza 1 Universidad de Las Palmas 0, Atletico Madrid 5

NBA

EASTERN CONFERENCE

ATLANTIC DI	/ISION			
	W	L	Pct	G
New Jersey	1	0	1.000	
New York	1	0	1.000	
Boston	1	1	.500	1
Philadelphia	0	1	.000	
Toronto	0	1	.000	
SOUTHEAST	DIVISION			
	W	L	Pct	G
Miami	1	1	.500	
Atlanta	0	0	.000	
Charlotte	0	0	.000	-
Orlando	0	0	.000	
Washington	0	0	.000	-
CENTRAL DIV	ISION			
	W	L	Pct	G
Cleveland	1	0	1.000	
Chicago	0	0	.000	1
Indiana	0	0	.000	1
Milwaukee	0	0	.000	1
Detroit	0	1	.000	

WESTERN CONFERENCE

SOUTHWEST	וטוצוטום	M		
SOUTHWEST	W	L	Pct	GI
Dallas	0	0	.000	_
Memphis	0	0	.000	-
New Orleans	0	0	.000	-
San Antonio	0	0	.000	-

Houston 1 .000 NORTHWEST DIVISION Portland .000 0 0 0

.000

.000

Oklahoma City Utah

PACIFIC DIVIS	ION			
	W	L	Pct	GB
L.A. Lakers	1	0	1.000	_
Golden State	0	0	.000	1/2
L.A. Clippers	0	0	.000	1/2
Sacramento	0	0	.000	1/2

Last night's results Last night's results New York 98, Toronto 93 Cleveland 95, Boston 87 New Jersey 101, Detroit 98 Miami 97, Philadelphia 87 Atlanta at Memphis Sacramento at Minnesota Milwaukee at New Orleans

Chicago at Oklahoma City Charlotte at Dallas Indiana at San Antonio Utah at Denver

Utah at Denver Houston at Golden State Portland at L.A. Clippers Tuesday's results Boston 88 Miami 80 L.A. Lakers 112 Houston 110 Portland 106 Phoenix 92

KNICKS 98, RAPTORS 93

linari 2-5, Chandler 1-3, Felton 1-4, Mason 0-1, Walker 0-2, Douglas 0-3), Toronto 3-10 (Bargnani 1-1, Andersen 1-1, Barbosa 1-2, Calderon 0-1, DeRozan 0-1, Kleiza 0-1, Weems New York 53 (Stoudemire 10), Toronto 63 (Evans 16). Assists—New York 12 (Felton 6), Toronto 20 (Calderon 7). Total Fouls—New York 23, Toronto 20. Technicals—Calderon. Flagrant Fouls—Andersen. A—18,722 (19,800) Toronto

AMERICAN CONFERENCE

EAST						
	W	L	Т	Pct	PF	P/
N.Y. Jets	5	1	0	.833	159	101
New England	5	1	0	.833	177	136
Miami	3	3	0	.500	111	135
Buffalo	0	6	0	.000	121	198
SOUTH						
Tennessee	5	2	0	.714	199	117
Houston	4	2	0	.667	153	167
Indianapolis	4	2	0	.667	163	125
Jacksonville	3	4	0	.429	130	209
NORTH						
Pittsburgh	5	1	0	.833	137	82
Baltimore	5	2	0	.714	149	129
Cincinnati	2	4	0	.333	132	141
Cleveland	2	5	0	.286	118	142
WEST						
Kansas City	4	2	0	.667	150	112
Oakland	3	4	0	.429	179	165
San Diego	2	5	0	.286	177	149
Denver	2	5	0	.286	138	199
NATIONAL	CO	NFI	ERE	NCE		

San Diego	2	5	U	.286	1//	149
Denver	2	5	0	.286	138	199
NATIONAL	CO	NFI	ERE	NCE		
EAST						
N.Y. Giants Washington Philadelphia Dallas	W 5 4 4 1	2 3 3 5	0 0 0 0	Pct .714 .571 .571 .167	PF 175 130 172 137	PA 153 133 157 152
SOUTH						
Atlanta Tampa Bay New Orleans Carolina	5 4 4 1	2 3 5	0 0 0	.714 .667 .571 .167	169 98 147 75	133 128 138 130
NORTH						
Chicago Green Bay Minnesota Detroit	4 4 2 1	3 4 5	0 0 0	.571 .571 .333 .167	126 167 111 146	114 136 116 140
WEST						
Seattle Arizona St. Louis San Francisco	4 3 3 1	2 3 4 6	0 0 0	.667 .500 .429 .143	120 98 120 113	107 160 131 162
WFFK 8						

Byes: N.Y. Giants, Philadelphia, Chicago, Atlanta, Baltimore, Cleveland

lanta, Baltimore, Cleveland
Sunday's games
(All times Eastern)
Denver vs. San Francisco at London, 1 p.m.
Washington at Detroit, 1 p.m.
Buffalo at Kansas City, 1 p.m.
Carolina at St. Louis, 1 p.m.
Miami at Cincinnati, 1 p.m.
Jacksonville at Dallas, 1 p.m.
Green Bayat NY Jets 1 m Green Bay at N.Y. Jets, 1 p.m. Tennessee at San Diego, 4:05 p.m. Minnesota at New England, 4:15 p.m. Seattle at Oakland, 4:15 p.m. Tampa Bay at Arizona, 4:15 p.m. Pittsburgh at New Orleans, 8:20 p.m. **Monday's game** Houston at Indianapolis, 8:30 p.m.

MLB

2010 POSTSEASON

WORLD SERIES

(All times Eastern) Last night's result Texas at San Francisco

Tonight's game

Texas (Wilson 15-8) at San Francisco (Cain 13-11), 7:57 p.m.

Saturday's game San Francisco (Sanchez 13-9) at Texas (Lewis 12-13), 6:57 p.m.

Sunday's game
San Francisco (Bumgarner 7-6) at Texas

(Hunter 13-4), 8:20 p.m.

Monday, Nov. 1 x-San Francisco at Texas, 7:57 p.m. x - if necessary







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Crossword

1 Chic, 1960s style 4 Bypass

8 Blossom supporter

12 Pod occupant

13 Judy's daughter

14 Possess

15 Football field

17 Neighbourhood

18 Proof abbr.

19 Baseball field, in part

. 21 Тар 24 Coffee vessel

25 Kyoto cummerbund

26 Put into words

28 Formal wear

32 Lima's land 34 Crazy

36 Canton's home

37 Move furtively 39 Tavern

41 Under the weather 42 Round Table ad-

dress

44 Caught in the act

46 Jai alai venue 50 Barracks bed

51 Emanation

52 Holes 10-18, in golf 56 Layer

57 Garfield's foil

58 Listener 59 Organic compound

60 Small pie 61 "Catcher in the —"

Down

1 Fuel economy stat 2 "— the fields we go

3 Rum cocktail 4 Microscope acces-

II Gemini May 22-June 21 You

need to be more assertive, es-

bully you into doing whatever

pecially when dealing with

people who think they can

it is that pleases them. You

must stand up for yourself.

v

5 White wine aperitif 6 Preppy shirt brand

7 Mass hysteria 8 Hair salon request 9 Poi base

10 Tied 11 Anthropologist

Margaret 16 Four mos. after 20-

22 First victim

27 Shrill bark

20 See 16-Down 21 Dandies

23 Scot's chapeau

29 California college 30 Cleo's river

31 Auctioneer's call

33 Straighten out, as a

phone cord 35 Work on the

soundtrack

38 DIY buy 40 Pail

43 Automaton 45 Trinity member

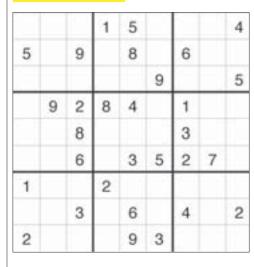
46 Destiny

47 Destruction 48 Sandwich cookie

49 Zilch (Sp.)

53 Round fig. 54 Aye undoe 55 Prior to

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Today

Yesterday's answer ▶

13°/T

Showers



7"/0"

5 Shewers

40N

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Happy 25th birthday Chris! I hope your day rocks! You're the BEST boyfriend a girl can ask for. I love you so much!

LOVE, SQUITTE XO

Mamusea, I love You so much! You are the Best Mom in the world! May all Your dreams come true!!! Wish You lots of love and happiness!!! YOUR DAUGHTER

To my sweet Maanum-O: I love you very much and I'm so proud of how far we've come! Happy Anniversary Baby! Kisses and huas, all day, every day, no problem!

LOVE, HEPPIE

Taylor, I've never been happier. I love you and I'm so glad I'm carrying our precious little one! Thanks for being the only one I will ever want. Love always,

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For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

T Aries March 21-April 20 The bigger the challenge the more there are certain areas of your you like it and with Mars maklifestyle that you feel are not ing the best possible angle to as ordered or as efficient as your sign this week you feel they could be then start makyou could take on the world ing changes. You may think and win. Maybe you can, but vou lack discipline but vou why so drastic?

¥ Taurus April 21-May 21 An Leo July 23-Aug.23 Life is offer may look attractive but good and getting better by the do vou know for certain what minute and if you don't quite it's all about and can you be believe that now you will besure that the people you will lieve it by the end of the day be dealing with won't cheat as Mars moves in your favour. you at some stage? Put yourself about a bit.

> My Virgo Aug. 24- Sept. 22 Like it or not you've got to move with the times, so stop making excuses and do whatever it takes to get yourself up to speed on the latest develop-

Gancer June 22-July 22 If ← Libra Sept. 23-Oct. 23 You

may want more independence but not everyone is willing to give it to you. Well that's too bad because you are in no mood to compromise. You cannot please everyone, nor should that be your aim.

×

y,

-;:,

➤ Yesterday's answer

M Scorpio oct. 24-Nov. 22 IS your brain plugged in? Let's hope so because you need to be on your toes today, especially where money matters are concerned.

Nov. 23-Dec. 21 Mars in your sign will give you superhuman levels of strength and stamina today. Your rivals and competitors won't stand a chance. That is if any of them have the guts to take you on.

り Capricorn Dec. 22-Jan. 20

You want to get along with people but the planets warn there are some individuals you need to be wary of. How do you tell who they are? They're the ones who try to interest vou in the latest "big thing".

Aquarius Jan. 21-Feb. 18 No matter how friendly an Aquarius you happen to be you will come across someone today who is impervious to your charms.

H Pisces Feb. 19-March 20

Mars, planet of energy, transits the career angle of your chart from today, so keep your senses on full alert because there will be at least one, and maybe several, opportunities. SALLY BROMPTON



You write it! Write a funny cap

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*Retings of "Good" are the highest rating awarded for 40-mph frontal offset, 31-mph side-impact and 20-mph near-impact crash basis conducted by the Insurance Institute for Highway Safety (IHFS) (www.iHs.org), A "Good" rating obtained in all three crash basis place a "Good" rating in new root strength basing and the availability of Backborn Sabability Control (ESC) (Whited by Parmiss Control) achieves a 2010 for Safety Pick. *Besed on ALSS 2010 Resided Alake Award for any manistream brand. *NEPS of 25:59 per more than 10 per mor



